THE BELGROVE
RESORT & SPA

DAILY ACTIVITIES

A curated collectiuon of resort experiences celebrating wellness, connection, and the art of inspired living

MONDAY

8:00 AM Morning Flow at the Spa Pool
10:00 AM Mat Pilates Fusion @ the Spa Pool
11:00 AM Garden Games on Lakeside Lawn
12:00 PM Frozen Grapes at Deep End
1:00 PM Pumpkin Spice Latte Station at Belgrove Lobby
2:00 PM Mahjong Corner at Belgrove Lobby
3:00 PM Social Hour at Society 48
5:30 PM Bingo Night at Deep End
8:00 PM Monday Night Football Specials at Society 48

TUESDAY

8:00 AM Gentle Yoga at the Spa Pool
10:00 AM Shuttle to Mount's Botanical Gardens
11:00 AM Garden Games on Lakeside Lawn
12:00 PM Hot Chocolate Cart at Belgrove Lobby
3:00 PM Sip and Shop Courtesy of the Spa
3:00 PM Social Hour at Society 48
4:00 PM Frozen Lemonade on the Pool Decks
5:30 PM Trivia Night at Deep End

WEDNESDAY

8:00 AM Midweek Restoration Yoga at Spa Pool
10:00 AM Tropical Smoothie Hour at Flamingo
11:00 AM Garden Games on Lakeside Lawn
12:00 PM Shuttle to Worth Ave, Palm Beach
1:00 PM Pumpkin Spice Latte Station at Belgrove Lobby
2:00 PM Snow Cones at Deep End
3:00 PM Social Hour at Society 48
4:00 PM Beer Tasting at Society 48

THURSDAY

8:00 AM Wake Up Flow at Spa Pool
10:00 AM Shuttle to Flagler Museum
11:00 AM Garden Games on Lakeside Lawn
12:00 PM Frozen Lemonade on the Pool Decks
1:00 PM Wine Tasting at Society 48 Bar
2:00 PM Hot Chocolate Cart at Belgrove Lobby
3:00 PM Social Hour at Society 48
6:00 PM Smoke, Fire, and Fine Spirits at Firepits

FRIDAY

8:00 AM Feel-Good Flow at the Spa Pool
10:00 AM Shuttle to Peanut Island Ferry
11:00 AM Garden Games on Lakeside Lawn
1:00 PM Pumpkin Spice Latte Station at Belgrove Lobby
2:00 PM Corn Hole Competition on Lakeside Lawn
3:00 PM Beer Tasting at Society 48
3:00 PM Social Hour at Society 48
4:00 PM Frozen Lemonade on the Pool Decks
5:00 PM Shuttle to Clematis Street
6:30 PM Feel Good Friday on Spa Pool Deck

SATURDAY

8:00 AM Gentle Yoga at the Spa Pool
10:00 AM Shuttle to City Place
11:00 AM Garden Games on Lakeside Lawn
12:00 PM Poolside DJ at Deep End
1:00 PM Snow Cones at the Family Pool
2:00 PM Poolside Book Butler Service
3:00 PM Social Hour at Society 48
4:00 PM Ping Pong Competition on Lakeside Lawn
7:00 PM Family Movie Night at Deep End

SUNDAY

8:00 AM Morning Flow Yoga at the Spa Pool
10:00 AM Shuttle to Tanger Outlets
11:00 AM Tropical Smoothie Hour at Flamingo
12:00 PM Poolside DJ at Deep End
1:00 PM NFL Watch Party at Deep End
2:00 PM Hot Chocolate Cart at Belgrove Lobby
3:00 PM Social Hour at Society 48
7:00 PM S'mores Under the Stars at Firepits

Belgrove Happenings:
Nov 19th - Art of Pairing: Oak & Ember at Society 48
Nov 26th - Thanksgiving at Society 48
Nov 29th - Wellness Sundays at Spa Pool Deck
Live Music every Friday & Saturday night at Society 48
Belgrove Gratitude Tree in Lobby

**All activity times, availability, and locations are subject to change and may be postponed or cancelled due to weather. Please ask Concierge for more information*