



## DAILY ACTIVITIES

**Thoughtfully curated experiences that inspire wellness, celebrate connection, and embrace tranquility**

### MONDAY

8:00 AM Morning Flow at the Spa Pool  
 10:00 AM Mat Pilates Fusion @ the Spa Pool  
 11:00 AM Garden Games on Lakeside Lawn  
 12:00 PM Frozen Pink Berries at Deep End  
 1:00 PM Snow Cones at Family Pool  
 2:00 PM Mahjong Corner at Belgrove Lobby  
 3:00 PM Social Hour at Society 48  
 5:30 PM Bingo Night at Deep End  
 8:00 PM Monday Night Football Specials at Society 48

### TUESDAY

8:00 AM Gentle Yoga at the Spa Pool  
 10:00 AM Shuttle to Mount's Botanical Gardens  
 11:00 AM Garden Games on Lakeside Lawn  
 12:00 PM Pink Cotton Candy at Deep End  
 3:00 PM Sip and Shop Courtesy of the Spa  
 3:00 PM Social Hour at Society 48  
 4:00 PM Frozen Pink Lemonade on the Pool Decks  
 5:30 PM Trivia Night at Deep End

### WEDNESDAY

8:00 AM Midweek Restoration Yoga at Spa Pool  
 10:00 AM Tropical Smoothie Hour at Flamingo  
 11:00 AM Garden Games on Lakeside Lawn  
 12:00 PM Shuttle to Worth Ave, Palm Beach  
 1:00 PM Poolside Book Butler Service  
 2:00 PM Frozen Pink Berries at Deep End  
 3:00 PM Social Hour at Society 48  
 4:00 PM Cocktail Creation Class at Deep End

### THURSDAY

8:00 AM Wake Up Flow at Spa Pool  
 10:00 AM Shuttle to Flagler Museum  
 11:00 AM Garden Games on Lakeside Lawn  
 12:00 PM Frozen Pink Lemonade on the Pool Decks  
 1:00 PM Rosé tasting at Society 48 Bar  
 2:00 PM Tropical Smoothie Hour at Deep End  
 3:00 PM Social Hour at Society 48  
 6:00 PM Smoke, Fire, and Fine Spirits at Firepits

### FRIDAY

8:00 AM Feel-Good Flow at the Spa Pool  
 10:00 AM Shuttle to Peanut Island Ferry  
 11:00 AM Garden Games on Lakeside Lawn  
 1:00 PM Frozen Pink Lemonade on the Pool Decks  
 2:00 PM Beer Tasting at Deep End  
 3:00 PM Pink Cotton Candy at Deep End  
 3:00 PM Social Hour at Society 48  
 4:00 PM Volleyball Tournament on Lakeside Lawn  
 5:00 PM Shuttle to Clematis Street  
 6:30 PM Feel Good Friday on Spa Pool Deck

### SATURDAY

8:00 AM Gentle Yoga at the Spa Pool  
 10:00 AM Shuttle to City Place  
 11:00 AM Garden Games on Lakeside Lawn  
 12:00 PM Poolside DJ at Deep End  
 1:00 PM Snow Cones at the Family Pool  
 2:00 PM Poolside Book Butler Service  
 3:00 PM Social Hour at Society 48  
 4:00 PM Cornhole Competition on Lakeside Lawn  
 7:00 PM Movie Night at Deep End

### SUNDAY

8:00 AM Morning Flow Yoga at the Spa Pool  
 10:00 AM Shuttle to Tanger Outlets  
 11:00 AM Tropical Smoothie Hour at Flamingo  
 12:00 PM Poolside DJ at Deep End  
 1:00 PM NFL Watch Party at Deep End  
 3:00 PM Social Hour at Society 48  
 7:00 PM S'mores Under the Stars at Firepits

#### Belgrove Happenings:

**Oct 29<sup>th</sup> - Art of Pairing: Day of the Dead Flores & Agaves**  
**Oct 30<sup>th</sup> and Oct 31<sup>st</sup> - Specialty Halloween Itinerary**  
**Oct 31<sup>st</sup> - The Belgrove After Dark: A Halloween Affair**  
**Celebrate National Dessert Month at Society 48**  
**The Pink Reserve at the Family Pool**  
**\*Live Music every Friday & Saturday Night at Society 48**